



## Central Shenandoah Emergency Medical Services Council

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www.csems.vaems.org Email: csems@vaems.org

# TRAINING NOTICE



Date: April 25, 2007  
To: Training Officers  
From: Matt Lawler, CSEMS Council Assistant Director  
Re: **EMT-Basic Course**

*Smf*

*The Emergency Medical Technician (EMT) Program is the basis for all higher levels of certification in Virginia. This program provides general instruction in all areas of human body systems and initial care for a wide range of medical conditions. This course requires a minimum of 111 hours of classroom and skills instruction plus 10 hours of clinical observation in a hospital or pre-hospital setting. Virginia EMT certification is the minimum requirement for provision of patient care as the Attendant-In-Charge on a basic life support ambulance in Virginia.*

**Location:** Millboro Area Rescue Squad  
Millboro, VA 24460

**Dates:** Starts: Wednesday, August 1, 2007  
Ends: Wednesday, December 12, 2007

**Times:** 6:30 PM to 10:00 PM  
Mondays, Wednesdays and one Saturday

**Instructors:** Sara Trantum, BBA, NREMT-P, CSEMS Council

**Prerequisites:** 1. Current CPR certification at the beginning of the program. CPR requirements are enclosed.  
2. Additional prerequisites are outlined on the enclosed document.

**Cost:** \$1 for Highland County and Bath County residents\*  
All others: \$100 due by July 27, 2007 (covers text and materials)

**Registration:** Registration deadline **July 23, 2007**. To register, call 540-886-3676. You may also register on-line at the Central Shenandoah EMS Council web site at [www.csems.vaems.org/register](http://www.csems.vaems.org/register).

**Continuing Ed:** BLS Category 1 CE is available in this course. Please contact the instructor one week before the date of the class you wish to attend. The CE schedule and contact information can be found at [www.csems.vaems.org/ceclasses](http://www.csems.vaems.org/ceclasses).

***Class size is limited to 30 students.***

\* Expenses for residents of Highland County and Bath County are being covered by a cooperative training initiative between the two counties.

## Virginia Office of Emergency Medical Services Division of Educational Development - CPR Requirements

**SUBJECT:** Specification of C.P.R. Requirements - Approved Courses

The requirements for certification in Cardio-Pulmonary Resuscitation (C.P.R.) for the purposes of testing at all Virginia certification levels are based upon the current guidelines as referenced in the following:

- U.S.-D.O.T. National Standard Curriculum for the Emergency Medical Technician Basic (1994)
- U.S.-D.O.T. National Standard Curriculum for the First Responder (1995)

These documents base and reference their content to the American Heart Association "Standards for Cardiopulmonary Resuscitation (CPR) and Emergency Cardiac Care (ECC. Revisions of these standards are generally considered as the current accepted practice of C.P.R. on a national basis.

The Virginia Office of EMS requires that all individuals hold current certification in **C.P.R. as a prerequisite** for enrollment in the **EMT-Basic and EMS First Responder Programs** (initial full certification courses). Additionally, those students who eventually request to be tested to gain an initial Basic Life Support certification level must show proof of current training in C.P.R. by presentation at the test site of an EMT-Instructor verified **Individual Skill Performance Record** showing successful course completion. (Current CPR card or official course rosters are also acceptable to verify CPR certification.) As specified in the curricula listed above, completion of an approved course which tests the following skills is required:

- One and Two Rescuer C.P.R. - ADULT and CHILD
- Infant Resuscitation
- Complete Airway Obstruction - Unconscious Victim
- Complete Airway Obstruction - Conscious Victim
- Complete Airway Obstruction - Unconscious Infant
- Complete Airway Obstruction - Conscious/Choking Infant

The current courses which are accepted by the Virginia Office of E.M.S. to meet these standards are:

- American Heart Association - Basic Cardiac Life Support - "Healthcare Provider"
- American Red Cross - "Professional Rescuer"
- American Safety and Health Institute – "CPR-PRO"
- Medic First Aid - BLS for Professionals "BLSPRO"
- National Safety Council – "Professional Rescuer" (Good only if issue date is prior to 01/01/2002. - NSC No longer exists.)
- Emergency Care and Safety Institute "Professional Rescuer" (Formerly the NSC "Professional Rescuer")

## **PREREQUISITES FOR BASIC LEVEL PROGRAMS**

Eligibility to attend an EMS First Responder, EMS First Responder Bridge, or an Emergency Medical Technician-Basic course in Virginia requires that you must:

1. Be proficient in reading, writing and speaking the English language.
2. Be a minimum of 16 years of age at the beginning date of the certification course. If less than 18 years of age, you must provide the course coordinator with a completed parental permission form with the signature of a parent or guardian verifying approval for enrollment in the course. If you are less than 18 years of age and affiliated with an EMS or other Public Safety agency, you must also provide the Course Coordinator with documentation from an Officer of the agency stating you will be covered by the agencies insurance while attending the course.
3. Have no physical or mental impairment that would render them unable to perform all practical skills required for that level of certification
4. Hold current certification in an Office of Emergency Medical Services approved cardiopulmonary resuscitation (CPR) course at the beginning date of the course. This certification must also be current at the time of state testing.
5. Not have been convicted of or found guilty of any crime, offense or regulatory violation, or participated in any other prohibited conduct identified in state EMS regulations as follows:
  - a. Have never been convicted or found guilty of any crime involving sexual misconduct where lack of affirmative consent by the victim is an element of the crime.
  - b. Have never been convicted of a felony involving the sexual or physical abuse of children, the elderly or the infirm.
  - c. Have never been convicted or found guilty of any crime (including abuse, neglect, theft from, or financial exploration) of a person entrusted to their care or protection in which the victim is a patient or is a resident of a health care facility.
  - d. Have never been convicted or found guilty of any crime involving the use, possession, or distribution of illegal drugs except that the person is eligible for affiliation or enrollment five years after the date of final release if no additional crimes of this type have been committed during that time.
  - e. Have never been convicted or found guilty of any other act that is a felony except that the felon is eligible for affiliation or enrollment five years after the date of final release if no additional felonies have been committed during that time
  - f. Are not currently under any disciplinary or enforcement action from another state EMS office or other recognized state or national healthcare provider licensing or certifying body. Personnel subject to these disciplinary or enforcement actions may be eligible for certification provided there have been no further disciplinary or enforcement actions for five years prior to application for certification in Virginia
  - g. Have never been subject to a permanent revocation of license or certification by another state EMS office or recognized state or national healthcare provider licensing or certifying body.
6. All references to criminal acts or convictions under this section refer to substantially similar laws or regulations of any other state or the United States. Convictions include prior adult convictions, juvenile convictions, and adjudications of delinquency based on an offense that would have been, at the time of conviction, a felony conviction if committed by an adult within or outside Virginia.
7. If you are bridging to the EMT-Basic certification level, you must hold a current Virginia certification at the EMS First Responder level.
8. Be clean and neat in appearance.
9. May not be under the influence of any drugs or intoxicating substances that impairs your ability to provide patient care or operate a motor vehicle while in class or performing clinicals, while on duty or when responding or assisting in the care of a patient.