

<b>Topic</b>	<b>Required</b>	<b>Completed</b>
Patient assessment	3	
Airway management with practical	3	
Trauma emergencies	4	
Medical emergencies	4	
Infection control	2	
Medical Legal	1	
Infants and Children	2	
Practical skills	3	
AED with practical	2	
All of the above are the category 1 credits. Add to a total of 24 hours. Need a total of 36 hours to recertify. Fill in Cat. 2 and 3 hours below.	<b>24</b>	
	<b>12</b> Cat.2 or 3	

Cat. 2 is basically anything with a state course number. For example, EVOC, vehicle extrication etc.

You can also get up to 10 hours in Cat. 3, which is videos, however you have to answer a quiz after the video and send the card to Richmond.

Also note that a BLS provider is given Cat. 2 for attending any ALS class.